### SECTION I: Information About Yourself

Position at childcare center: ______________________________________

How long have you been in this position? _______________________________________

<table>
<thead>
<tr>
<th>3. How long have you been a childcare provider?</th>
<th>&lt;1 year</th>
<th>1-5 years</th>
<th>&gt;5 years</th>
</tr>
</thead>
</table>

4. What is your level of education?
- [ ] High School diploma/GED
- [ ] Associates Degree
- [ ] Some College
- [ ] 4-year degree
- [ ] Graduate Degree

### SECTION II: Information About Your Childcare Center

1. Number of children at center: ______________________________________

2. Approximately what percentage of the children in your center are of the following racial/ethnic groups?

<table>
<thead>
<tr>
<th></th>
<th>White</th>
<th>Black</th>
<th>Hispanic</th>
<th>Asian</th>
<th>Other</th>
<th>Don’t know</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt;$25,000</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$25,001-$50,000</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$50,001-$100,000</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>&gt;$100,000</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Don’t know</td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>

3. Approximately what proportion of the children in your center are of the following household income groups?

<table>
<thead>
<tr>
<th></th>
<th>&lt;$25,000</th>
<th>$25,001-50,000</th>
<th>$50,001-100,000</th>
<th>&gt;$100,000</th>
<th>Don’t know</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>No</td>
<td>No</td>
<td>Don’t know</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

4. Is your center a Head Start site?
- [ ] Yes
- [ ] No
- [ ] Don’t know

5. Does your center participate in the USDA Child and Adult Care Food Program (CACFP)?
- [ ] Yes
- [ ] No
- [ ] Don’t know

If no, why are you currently not participating in the CACFP?

Does your center participate in the Bright Stars quality rating system?
- [ ] Yes
- [ ] No
- [ ] Don’t know

If no, why are you currently not participating?
SECTION III: Nutrition at Your Childcare Center

Which foods and beverages were provided yesterday? Not Provided           Provided at Breakfast  Provided at Lunch  Provided at Dinner  Provided at Snack-time  Don’t Know

1. Fruit canned in syrup (heavy or lite)          □ □ □ □ □ □
2. Other fruit including fresh, canned in water or own juice, dried or frozen (do not include fruit juice)          □ □ □ □ □ □
3. French fries, tater tots, hash browns, or other fried potatoes          □ □ □ □ □ □
4. Beans like pinto beans, black beans, chili with beans, refried beans          □ □ □ □ □ □
5. Other vegetables including fresh, frozen, or canned (do not include fried potatoes or cooked dry beans)          □ □ □ □ □ □
6. Sweetened drinks like soda, sports drinks, Kool-aid, Sunny Delight, Hawaiian Punch, lemonade fruit drinks, agua frescas, sweet tea (do not include diet drinks)          □ □ □ □ □ □
7. 100% fruit or vegetable juice (do not include fruit-flavored drinks like Kool-Aid, Sunny Delight, Hawaiian Punch, lemonade, agua frescas)          □ □ □ □ □ □
8. Non-fat or 1% Milk          □ □ □ □ □ □
9. Water          □ □ □ □ □ □

10. Where is the food provided by your center prepared? □ Prepared on site by cook □ Prepared by outside food service provider □ Prepared on site by teacher □ Prepared by a central kitchen □ Other □ Don’t Know

11. How is the food provided by your center usually served and/or portioned? (Do not include parent provided foods) □ Served family style (i.e. children self-serve) □ Pre-portioned by food service provider □ Served and portioned by staff at the center □ Other □ Don’t Know

12. Who is responsible for menu planning? □ Corporate Headquarters □ Center Owner □ Director □ Dietitian □ Food service provider □ Other □ Don’t Know

For childcare directors who purchase any food for their center, how much do you agree or disagree the following statements regarding nutrition at your center?

Note: “Healthy foods” refers to the vegetables, fruits, low-fat or fat-free milk products, whole grains, lean meat, and water

13. Healthy foods are available at the store where I do my food shopping. □ Strongly Agree □ Agree □ Disagree □ Strongly Disagree □ Don’t Know

14. I am able to identify healthy foods to prepare. □ Strongly Agree □ Agree □ Disagree □ Strongly Disagree □ Don’t Know

15. I use the nutrition facts on food labels to make purchasing decisions. □ Strongly Agree □ Agree □ Disagree □ Strongly Disagree □ Don’t Know

16. I compare prices among healthy foods. □ Strongly Agree □ Agree □ Disagree □ Strongly Disagree □ Don’t Know

17. I often choose a less healthy option because it is more affordable. □ Strongly Agree □ Agree □ Disagree □ Strongly Disagree □ Don’t Know
For directors who prepare food on-site, how much do you agree or disagree with the following statements regarding nutrition at your center?

Note: “Healthy foods” refers to the vegetables, fruits, low-fat or fat-free milk products, whole grains, lean meat, and water

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
<th>Don’t Know</th>
</tr>
</thead>
<tbody>
<tr>
<td>18. There are enough staff members available to prepare snacks and meals.</td>
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<tr>
<td>19. It is hard to prepare healthy snacks and meals because the preparation time is too long.</td>
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<tr>
<td>20. There is limited counter space to prepare healthy snacks and meals.</td>
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<tr>
<td>21. There is not enough refrigeration space to store perishable food.</td>
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<tr>
<td>22. There is not enough freezer space to store frozen food.</td>
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<tr>
<td>23. Fresh fruits and vegetables go bad too quickly to be able to serve them very often.</td>
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<tr>
<td>24. Fresh fruits and vegetables are too expensive to serve at my center.</td>
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</tr>
</tbody>
</table>

For directors who use a food service provider, how much do you agree or disagree with the following statements regarding nutrition at your center?

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
<th>Don’t Know</th>
</tr>
</thead>
<tbody>
<tr>
<td>25. I have input on menus written by my food service provider.</td>
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<tr>
<td>26. I am NOT satisfied with the quality of the food that my food service provider is providing to my center.</td>
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</tr>
<tr>
<td>27. In my opinion, the food provided by my food service provider is healthy.</td>
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<td></td>
</tr>
</tbody>
</table>

Part IV. Involvement in nutrition at your center.

How much do you agree or disagree with the following statements regarding your staff’s involvement in nutrition at your center?

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
<th>Don’t Know</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. On average my staff has limited/no education/training in nutrition.</td>
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<tr>
<td>2. Nutrition education is regularly offered to the staff.</td>
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<tr>
<td>3. Staff members sit with the children during snacks and meals.</td>
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<tr>
<td>4. Staff members rarely eat the same foods and have the same drinks as the children.</td>
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<tr>
<td>5. The staff at my center are highly motivated to serve healthy foods to the children.</td>
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<tr>
<td>6. Providers are encouraged to finish the food on their plate.</td>
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<td></td>
</tr>
</tbody>
</table>
Part V: Attitudes Regarding Nutrition at Your Childcare Center

How often are children involved in these aspects of food and nutrition education at your center?

7. Children are involved in structured nutrition education (based on lesson plans, books, experiential activities).
   - Never
   - Rarely
   - Sometimes
   - Often
   - Don’t Know

8. Children are involved in cooking activities and hands-on sensory food experiences.
   - Never
   - Rarely
   - Sometimes
   - Often
   - Don’t Know

9. Children like to try new foods.
   - Strongly Agree
   - Agree
   - Disagree
   - Strongly Disagree
   - Don’t Know

How much do you agree or disagree with the following statements regarding parents’ involvement in nutrition at your center?

10. Parents demand that their children be served healthy foods.
    - Strongly Agree
    - Agree
    - Disagree
    - Strongly Disagree
    - Don’t Know

11. Parents care more about the quantity of food that their children are eating.
    - Strongly Agree
    - Agree
    - Disagree
    - Strongly Disagree
    - Don’t Know

12. Parents care more about the quality of food that their children are eating.
    - Strongly Agree
    - Agree
    - Disagree
    - Strongly Disagree
    - Don’t Know

13. Snacks and meals supplied by parents are checked to make sure that they meet the nutrition standards of the facility.
    - Strongly Agree
    - Agree
    - Disagree
    - Strongly Disagree
    - Don’t Know

14. From conversations with parents and children, it seems that parents are knowledgeable about healthy foods to serve to children.
    - Strongly Agree
    - Agree
    - Disagree
    - Strongly Disagree
    - Don’t Know

15. From conversations with parents and children, it seems that parents reinforce nutrition education at home.
    - Strongly Agree
    - Agree
    - Disagree
    - Strongly Disagree
    - Don’t Know

16. It seems that parents are concerned about the quality of fruits and vegetables.
    - Strongly Agree
    - Agree
    - Disagree
    - Strongly Disagree
    - Don’t Know

17. When parents bring outside meals for their children, the food brought in is often healthy.
    - Strongly Agree
    - Agree
    - Disagree
    - Strongly Disagree
    - Don’t Know

Part V: Attitudes Regarding Nutrition at Your Childcare Center

How much do you agree or disagree with the following statements regarding your attitudes towards nutrition at your center?

1. I believe it is important to offer healthy foods to children in my care.
    - Strongly Agree
    - Agree
    - Disagree
    - Strongly Disagree
    - Don’t Know

2. I believe it is important to let children see me enjoying the same healthy foods they are eating.
    - Strongly Agree
    - Agree
    - Disagree
    - Strongly Disagree
    - Don’t Know

3. I am concerned that enrollment will drop if I begin serving healthier snacks and meals.
    - Strongly Agree
    - Agree
    - Disagree
    - Strongly Disagree
    - Don’t Know

4. I believe it is important to communicate with parents regarding nutrition.
    - Strongly Agree
    - Agree
    - Disagree
    - Strongly Disagree
    - Don’t Know

5. I discuss with parents if lunches or snacks sent in are not healthy.
    - Strongly Agree
    - Agree
    - Disagree
    - Strongly Disagree
    - Don’t Know

6. It is difficult to encourage children of a variety of ethnic backgrounds to eat the food at the center.
    - Strongly Agree
    - Agree
    - Disagree
    - Strongly Disagree
    - Don’t Know

7. I am concerned about wasting food because the children won’t eat healthy food.
    - Strongly Agree
    - Agree
    - Disagree
    - Strongly Disagree
    - Don’t Know
9. Are there any other limiting factors/barriers not referred to in this survey what would keep you from serving nutritious meals and snacks?

<table>
<thead>
<tr>
<th>Part VI: Food-Related Policies at Your Childcare Center</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. How strong is the policy or guidelines on what foods can/cannot be brought in? □ Strong Policy □ Weak policy □ No policy □ Don’t Know</td>
</tr>
<tr>
<td>2. If there is a policy on what foods can/cannot be brought in, how well is it enforced? □ Strongly enforced □ Weakly enforced □ Not enforced at all □ Don’t Know</td>
</tr>
<tr>
<td>3. How strong is the policy on what staff can eat and drink in front of the children? □ Strong Policy □ Weak policy □ No policy □ Don’t Know</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Part VII: Physical Activity at Your Childcare Center</th>
</tr>
</thead>
<tbody>
<tr>
<td>How much activity was included at your center? For these questions, “structured” is defined as a teacher led activity, and “unstructured” is a child-led activity like running, playing or climbing on play equipment.</td>
</tr>
<tr>
<td>1. Yesterday, how many minutes of structured physical activity did the children engage in? □ Less than 30 minutes □ 31-45 minutes □ 46-60 minutes □ More than 60 minutes □ Don’t Know</td>
</tr>
<tr>
<td>2. Yesterday, how many minutes of unstructured physical activity did the children engage in? □ Less than 30 minutes □ 31-45 minutes □ 46-60 minutes □ More than 60 minutes □ Don’t Know</td>
</tr>
<tr>
<td>3. Approximately how much time did the children spend watching television/videos, playing on the computer, or playing electronic games at your center last week? □ Never or rarely □ 2 hours or less □ 3-4 hours □ 5 or more hours □ Don’t Know</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Part VIII: Involvement in physical activity at your center</th>
</tr>
</thead>
<tbody>
<tr>
<td>How much do you agree or disagree with the following statements regarding physical activity facilities and equipment at your center?</td>
</tr>
<tr>
<td>4. There is an on-site outdoor play area. □ Strongly Agree □ Agree □ Disagree □ Strongly Disagree □ Don’t Know</td>
</tr>
<tr>
<td>5. There is a LACK OF stationary playground equipment. □ Strongly Agree □ Agree □ Disagree □ Strongly Disagree □ Don’t Know</td>
</tr>
<tr>
<td>6. There is A LACK OF portable playground equipment (e.g. sports balls). □ Strongly Agree □ Agree □ Disagree □ Strongly Disagree □ Don’t Know</td>
</tr>
<tr>
<td>7. Our center has plenty of wheeled toys. □ Strongly Agree □ Agree □ Disagree □ Strongly Disagree □ Don’t Know</td>
</tr>
<tr>
<td>8. The outdoor play area has a large open space for group games. □ Strongly Agree □ Agree □ Disagree □ Strongly Disagree □ Don’t Know</td>
</tr>
<tr>
<td>9. There is an on-site indoor play area. □ Strongly Agree □ Agree □ Disagree □ Strongly Disagree □ Don’t Know</td>
</tr>
<tr>
<td>10. Most play equipment is too expensive for our center to afford. □ Strongly Agree □ Agree □ Disagree □ Strongly Disagree □ Don’t Know</td>
</tr>
</tbody>
</table>
### How much do you agree or disagree with the following statements regarding your **staff**'s involvement in physical activity at your center?

<table>
<thead>
<tr>
<th>Number</th>
<th>Statement</th>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
<th>Don't Know</th>
</tr>
</thead>
<tbody>
<tr>
<td>11.</td>
<td>On average, my staff has very limited or no training or education in physical activity.</td>
<td></td>
<td></td>
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<tr>
<td>12.</td>
<td>Physical activity training (other than playground safety) is offered to child-care staff.</td>
<td></td>
<td></td>
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<tr>
<td>13.</td>
<td>On average, my staff is physically unable to participate in active play with the children.</td>
<td></td>
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</tr>
<tr>
<td>14.</td>
<td>There is a shortage of staff to engage children in structured physical activities.</td>
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<tr>
<td>15.</td>
<td>The staff members at my center enjoy joining in with the children in play.</td>
<td></td>
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<tr>
<td>16.</td>
<td>The staff encourages children to go outside when it is cold out.</td>
<td></td>
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<td></td>
<td></td>
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</tr>
<tr>
<td>17.</td>
<td>It would be difficult to make sure the children are active for at least one hour per day.</td>
<td></td>
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</tr>
</tbody>
</table>

### How much do you agree or disagree with the following statements regarding **children's** involvement in physical activity at your center?

<table>
<thead>
<tr>
<th>Number</th>
<th>Statement</th>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
<th>Don't Know</th>
</tr>
</thead>
<tbody>
<tr>
<td>18.</td>
<td>Children (2-5 years) go outside every day (not including days when extreme weather conditions don’t allow for outdoor play time).</td>
<td></td>
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<tr>
<td>19.</td>
<td>Children (2-5 years) go outside during the winter months as often as they do during the summer months.</td>
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<tr>
<td>20.</td>
<td>During child-led (or unstructured) active playtime, children who are not moving are prompted to be active (e.g. join other children in active play).</td>
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<tr>
<td>21.</td>
<td>As a reward, we often allow children extra time for physical activity.</td>
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<tr>
<td>22.</td>
<td>When bad weather (rain, snow, or extreme cold) prevents the children from going outside, it is difficult to keep the children physically active indoors.</td>
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<tr>
<td>23.</td>
<td>Parents are encouraged to provide children with appropriate clothing for going out in the snow.</td>
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</tbody>
</table>

### How much do you agree or disagree with the following statements regarding **parents**' involvement in physical activity at your center?

<table>
<thead>
<tr>
<th>Number</th>
<th>Statement</th>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
<th>Don't Know</th>
</tr>
</thead>
<tbody>
<tr>
<td>25.</td>
<td>Parents demand that their children are physically active.</td>
<td></td>
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<tr>
<td>26.</td>
<td>Parents dress their children appropriately for outdoor physical activity (e.g. coat, hat, &amp; gloves in winter/appropriate footwear in summer).</td>
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<tr>
<td>27.</td>
<td>Parents do not want children to go outside when it gets cold.</td>
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</tbody>
</table>
### Part IX: Attitudes Regarding Physical Activity at Your Childcare Center

How much do you agree or disagree with the following statements regarding your attitudes towards physical activity at your center?

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
<th>Don’t Know</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. I am concerned about the children’s safety outside.</td>
<td></td>
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<tr>
<td>2. I believe children’s active play should not be shortened as a punishment.</td>
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<tr>
<td>3. I believe it is important to communicate with parents regarding physical activity.</td>
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<tr>
<td>4. I believe the outdoor space at my center is adequate to support physical activity.</td>
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<tr>
<td>5. I believe the indoor space at my center is adequate to support physical activity.</td>
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<tr>
<td>6. I believe children behave better when they are given plenty of activity.</td>
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<tr>
<td>7. I believe it is important to strictly limit the amount of time children spend watching television or playing on the computer.</td>
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<tr>
<td>8. I believe it is important to strictly limit children’s access to television or movies regardless of the content.</td>
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</tr>
</tbody>
</table>

9. Are there any other limiting factors/barriers not referred to in this survey that you feel are keeping you from regularly engaging the children in physical activity on a daily basis?

__________________________________________________________________________________________________________________________ ...

### Part X: Physical Activity-Related Policies at Your Childcare Center

1. How strong is the policy at your center to limit the amount of time a child can spend watching the television or a movie?

<table>
<thead>
<tr>
<th>Policy Strength</th>
<th>Strong Policy</th>
<th>Weak policy</th>
<th>No policy</th>
<th>Don’t Know</th>
</tr>
</thead>
</table>

2. If there is a policy to limit the amount of time a child can spend watching the television or a movie, how well is it enforced?

<table>
<thead>
<tr>
<th>Enforcement Level</th>
<th>Strongly enforced</th>
<th>Weakly enforced</th>
<th>Not enforced at all</th>
<th>Don’t Know</th>
</tr>
</thead>
</table>

3. How strong is the policy at your center to limit the amount of time a child can spend playing on the computer?

<table>
<thead>
<tr>
<th>Policy Strength</th>
<th>Strong Policy</th>
<th>Weak policy</th>
<th>No policy</th>
<th>Don’t Know</th>
</tr>
</thead>
</table>

4. If there is a policy to limit the amount of time a child can spend playing on the computer, how well is it enforced?

<table>
<thead>
<tr>
<th>Enforcement Level</th>
<th>Strongly enforced</th>
<th>Weakly enforced</th>
<th>Not enforced at all</th>
<th>Don’t Know</th>
</tr>
</thead>
</table>
### Part XI: Attitudes Regarding Improvements In Nutritional and Physical Activity Standards in Childcare Centers

How much do you agree or disagree with the following statements regarding your attitudes about possible changes in standards for childcare centers?

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
<th>Don’t Know</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. There should be efforts made to ensure the nutritional quality of foods served.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>2. There should be efforts to ensure there are physical activity standards at my center.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>3. I would support changes to state regulations that would establish a new standard for improved nutritional quality of foods served.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>4. I would support changes to state regulations that would establish increased physical activity standards at my center.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>5. My center’s staff/teachers would support changes to state regulations that would establish a new standard for improved nutritional quality of food.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>6. My teachers and staff would support changes that would establish increased standards for physical activity at my center.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>7. Parents would support changes to state regulations that would establish a new standard for improved nutritional quality of food.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>8. Parents would support changes to state regulations that would promote increased physical activity at my center.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>9. Staff/teachers at my center will require information and training needed to implement changes to my center’s nutrition standards.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>10. Staff/teachers at my center will require information and training needed to implement changes to my center’s physical activity standards.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

11. If state officials make changes to the nutritional guidelines for foods served at childcare centers, what types of challenges do you think this would pose to you and your staff?

_____________________________________________________________________________________________________________________________________________

12. If state officials make changes to the regulations to create a more active environment in childcare centers, what types of challenges do you think it would pose to you and your staff?

_____________________________________________________________________________________________________________________________________________

13. What would it take to get staff/teachers on board with changing the regulations for the nutritional quality of food served at the center?

_____________________________________________________________________________________________________________________________________________

14. What would it take to get staff/teachers on board with changing the regulations to promote a more active environment in childcare centers?

_____________________________________________________________________________________________________________________________________________
INFANTS–TODDLERS UP TO 18 MONTHS

SECTION I: Information About Yourself
1. Position at childcare center: ___________________________________________________
2. How long have you been in this position? _______________________________________
3. How long have you been a childcare provider? □ < 1 year □ 1-5 years □ >5 years
4. What is your level of education? □ High School diploma/GED □ Associates Degree □ Some College □ 4-year degree □ Graduate Degree

SECTION II: Information About Your Childcare Center
Position at childcare center (if not director): _______________________________________
Number of children at center: _______________________________________________
1. Approximately what percentage of the children in your center are of the following racial/ethnic groups?
   □ ___White □ ___Black □ ___Hispanic □ ___Asian □ ___Other □ Don’t know
2. Approximately what proportion of the children in your center are of the following household income groups?
   □ <$25,000 □ $25,001-$50,000 □ $50,001-$100,000 □ >$100,000 □ Don’t know
3. Is your center a Head Start site? □ Yes □ No □ Don’t know
4. Does your center participate in the USDA Child and Adult Care Food Program (CACFP)? □ Yes □ No □ Don’t know
   If no, why is the center currently not participating?
5. Does your center participate in the Bright Stars quality rating system? □ Yes □ No □ Don’t know
   If no, why is the center currently not participating?
6. Is there a policy on what staff can eat and drink in front of the children? □ Yes, there is a policy □ No policy
7. Is there a policy, how well is it enforced? □ Strongly enforced □ Weakly enforced □ Not enforced at all
8. Is there a policy that staff must eat their own meal with the 12-18 month old children? □ Yes, there is a policy □ No policy
9. If there is a policy that staff must eat their own meal with the 12-18 month old children, how well is it enforced? □ Strongly enforced □ Weakly enforced □ Not enforced at all
**SECTION III: Food and Nutrition for Infants and Toddlers at your Childcare Center**

<table>
<thead>
<tr>
<th>Question</th>
<th>Yes, definitely</th>
<th>Yes, somewhat</th>
<th>Not really</th>
<th>Not at all</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Feed pumped breast milk to infants?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. Allow mothers to breastfeed at your center before or after work or at lunch or break?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Offer mothers a pillow for her back, a stool for her feet and a glass of water for support during breastfeeding.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. Have a designated area is provided for mothers to breastfeed their infants.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. Have a quiet, comfortable and private place for mothers to breastfeed.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6. Provide visual support for breastfeeding is displayed (i.e. posters, books).</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7. Encourage mothers to provide extra breast milk to be frozen for use if you run out during the day.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8. Provide training on infant feeding practices and procedures?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Question</th>
<th>Very Well prepared</th>
<th>Somewhat prepared</th>
<th>Not so well prepared</th>
<th>Not well prepared at all</th>
</tr>
</thead>
<tbody>
<tr>
<td>9. Thaw and prepare bottles of pumped breast milk if needed?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10. Ensure that all staff are trained in the proper handling of human milk?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11. Ensure that all staff are trained in the proper handling of formula?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12. Watch for cues to indicate hunger (not waiting for crying)?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

During the past 4 weeks, who usually provides the following food items for infants at your center? Please check all that apply.

<table>
<thead>
<tr>
<th>Question</th>
<th>Your Center</th>
<th>Parent</th>
<th>Someone Else</th>
<th>Babies were not fed this item</th>
</tr>
</thead>
<tbody>
<tr>
<td>13. Infant's formula?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>14. Infant's cereal?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>15. Infant's food (baby food)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>16. Toddler's food?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>17. Toddler's snacks?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18. For infants who are formula fed, who decides what type of formula is provided?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Which foods and beverages were provided to infants or toddlers (up to 18 months) yesterday?</td>
<td>Not Provided</td>
<td>Provided at Breakfast</td>
<td>Provided at Lunch</td>
<td>Provided at Dinner</td>
</tr>
<tr>
<td>---</td>
<td>---</td>
<td>---</td>
<td>---</td>
<td>---</td>
</tr>
<tr>
<td>20. Formula</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>21. Cow’s Milk</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>22. Other Milk: soy milk, rice milk, goat milk, etc.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>23. Other dairy foods: yogurt, cheese, ice cream, pudding, etc.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>24. Other soy foods: tofu, frozen soy desserts, etc.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>25. 100% fruit or 100% vegetable juice</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>26. Infant Juice (juice marketed for babies)</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>27. Sweet drinks: juice drinks, soft drinks, soda, sweet tea, Kool-Aid, etc.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>28. Baby cereal</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>29. Other cereal/starches: breakfast cereals, teething biscuits, crackers, breads, pasta, rice, etc.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>30. Baby (jar) Fruit</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>31. Cut up fresh fruit</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>32. Canned fruit</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>33. Baby (jar) Vegetables</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>34. Vegetables – fresh cooked and cut up</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>35. Vegetables – canned</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>36. French Fries</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>37. Meat, chicken, combination dinners same comment – are you referring to jar foods?</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>38. Fish or shellfish</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>39. Peanut butter, other peanut foods, or nuts</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>40. Eggs</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>41. Sweet foods: candy, cookies, cake, etc.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>42. Baby food (jar) desserts</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>
How much do you agree or disagree with the following statements regarding infants feeding practices at your center?

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>43. On average my staff has limited/no education/training on breastfeeding support.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>44. Infants are fed based on a fixed schedule.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>45. Infants are fed when they are hungry regardless of the schedule.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>46. Cereal is added to a bottle.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>47. Infants are fed food or drink other than breast milk before the age of 6 months.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Section IV: Attitudes Regarding Nutrition of Infants at Your Childcare Center

To what degree do you agree with the following statements regarding babies' and parents' involvement in nutrition at your center?

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Toddlers like to try new foods.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. Parents demand that their infants and toddlers be served healthy foods.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Parents care more about the quantity (than quality) of food that their infants and toddlers are eating.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. Parents care more about the quality (than quantity) of food that their toddlers are eating.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. Snacks and meals supplied by parents are checked to make sure that they meet the nutrition standards of the facility.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6. Parents are knowledgeable about healthy foods to serve to toddlers.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

How much do you agree or disagree with the following statements regarding parents' involvement in nutrition at your center?

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>7. Introduction of any new food between the ages of 4 to 6 months is done by request of the parent only.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8. Infant feeding times are coordinated with breastfeeding mothers.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

How much do you agree or disagree with the following statements regarding your and your staff members' attitudes towards infant nutrition at your center?

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>9. I believe it is important to offer healthy foods to infants in my care.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10. I am concerned that enrollment will drop if I am not able to provide resources to support breastfeeding.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11. I am concerned that enrollment will drop if I begin serving healthier snacks and meals.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12. Healthy foods are NOT too expensive to serve to the infants.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>13. I believe it is important to communicate with mothers regarding breastfeeding.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>14. I believe it is important to communicate with parents regarding infant nutrition.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>15. Most of my staff members do NOT feel that it is important to breastfeed.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>16. Most of my staff members think that it is important to feed infants and toddlers in my care.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Section V: Food-Related and Breastfeeding Policies at Your Childcare Center

17. Is there a policy regarding what types of foods can/cannot be brought in? 
   - YES
   - NO
   - No policy

18. If there is a policy on what foods can/cannot be brought in, how well is it enforced? 
   - Strongly enforced
   - Weakly enforced
   - Not enforced at all

19. Is there a policy regarding where mothers can breastfeed at your center? 
   - YES
   - NO
   - No policy

20. If there is a policy regarding when mothers can breastfeed at your center, how well is it enforced? 
   - Strongly policy
   - Weak policy
   - No policy

21. Is there a policy regarding feeding infants solid food (cereal, fruit, vegetables) before the age of 4 months? 
   - YES
   - NO
   - No policy

22. If there is a policy regarding feeding infants solid food (cereal, fruit, vegetables) before the age of 4 months, how well is it enforced? 
   - Strongly policy
   - Weak policy
   - No policy

23. Is there a policy on adding baby foods such as cereal or fruit to formula bottles? 
   - YES
   - NO
   - No policy

24. If there is a policy regarding adding baby foods such as cereal or fruit to formula bottles, how well is it enforced? 
   - Strongly policy
   - Weak policy
   - No policy

25. Are there any other limiting factors/barriers not referred to in this survey that would keep you from serving nutritious meals and snacks?

26. Are there any other limiting factors/barriers not referred to in this survey that would keep you from supporting breastfeeding at your center?

Part VI: Attitudes Regarding Improvements In Nutritional and Physical Activity Standards in Childcare Centers

1. There should be efforts made to ensure the nutritional quality of foods served and physical activity standards at my center. 
   - Strongly Agree
   - Agree
   - Disagree
   - Strongly Disagree

2. There should be efforts made to ensure that proper resources are available to mothers so that they can breastfeed at the center. 
   - Strongly Agree
   - Agree
   - Disagree
   - Strongly Disagree

3. I would support changes to state regulations that would establish a new standard for improved nutritional quality of foods served and levels of physical activity at my center. 
   - Strongly Agree
   - Agree
   - Disagree
   - Strongly Disagree

4. I would support changes to state regulations that would establish a new standard for breastfeeding at my center. 
   - Strongly Agree
   - Agree
   - Disagree
   - Strongly Disagree

5. My center’s staff/teachers would support changes to state regulations that would establish a new standard for improved nutritional quality of food and levels of physical activity at my center. 
   - Strongly Agree
   - Agree
   - Disagree
   - Strongly Disagree

6. My center’s staff/teachers would support changes to state regulations that would establish a new standard for breastfeeding support at my center. 
   - Strongly Agree
   - Agree
   - Disagree
   - Strongly Disagree

7. Parents would support changes to state regulations that would establish a new standard for improved nutritional quality of food and levels of physical activity at my center. 
   - Strongly Agree
   - Agree
   - Disagree
   - Strongly Disagree

8. Parents would support changes to state regulations that would establish a new standard for improved breastfeeding support at my center. 
   - Strongly Agree
   - Agree
   - Disagree
   - Strongly Disagree

9. Staff/teachers at my center will require information and training needed to implement changes to my center’s nutrition and physical activity standards. 
   - Strongly Agree
   - Agree
   - Disagree
   - Strongly Disagree

10. Staff/teachers at my center will require information and training needed to implement changes to breastfeeding standards. 
    - Strongly Agree
    - Agree
    - Disagree
    - Strongly Disagree
### PHYSICAL ACTIVITY

**Section VII: Physical Activity for Infants at Your Childcare Center**

1. Yesterday, how much time did infants spend in a bouncy seat, swing, or playpen?  
   - [ ] Less than 30 minutes  
   - [ ] 31-45 minutes  
   - [ ] 46-60 minutes  
   - [ ] More than 60 minutes

2. Yesterday, how much "tummy time" did infants have?  
   - [ ] Less than 30 minutes  
   - [ ] 31-45 minutes  
   - [ ] 46-60 minutes  
   - [ ] More than 60 minutes

3. Yesterday, how many times were infants given the opportunity to move around on the floor?  
   - [ ] Less than 1 time  
   - [ ] 1 time  
   - [ ] Several times  
   - [ ] At all times (excluding sleep and eating)

4. Yesterday, how much time did infants spend outdoors?  
   - [ ] Less than 30 minutes  
   - [ ] 31-45 minutes  
   - [ ] 46-60 minutes  
   - [ ] More than 60 minutes

5. Last week, how much time did infants spend in front of a television?  
   - [ ] Never or rarely  
   - [ ] Less than 2 hours  
   - [ ] 2-3 hours  
   - [ ] 4 or more hours

How much do you agree or disagree with the following statements regarding sleep time for infants at your center?

6. Infants nap as they get tired, not based on a fixed schedule.  
   - [ ] Strongly Agree  
   - [ ] Agree  
   - [ ] Disagree  
   - [ ] Strongly Disagree

7. Infants are awakened when staff determines that the nap is over.  
   - [ ] Strongly Agree  
   - [ ] Agree  
   - [ ] Disagree  
   - [ ] Strongly Disagree

How much do you agree or disagree with the following statements regarding physical activity facilities and equipment for infants at your center?

11. Our center has plenty of infant equipment such as infant seats, highchairs, swings, bouncers, and exer-saucers for gross motor skill development.  
   - [ ] Strongly Agree  
   - [ ] Agree  
   - [ ] Disagree  
   - [ ] Strongly Disagree

12. There is A LACK OF toys to encourage gross motor skill development.  
   - [ ] Strongly Agree  
   - [ ] Agree  
   - [ ] Disagree  
   - [ ] Strongly Disagree

13. Our center has a sufficient amount of rugs and/or blankets for infants to play on.  
   - [ ] Strongly Agree  
   - [ ] Agree  
   - [ ] Disagree  
   - [ ] Strongly Disagree

14. There is an on-site outdoor play area.  
   - [ ] Strongly Agree  
   - [ ] Agree  
   - [ ] Disagree  
   - [ ] Strongly Disagree

15. Most play equipment is too expensive for our center to afford.  
   - [ ] Strongly Agree  
   - [ ] Agree  
   - [ ] Disagree  
   - [ ] Strongly Disagree

How much do you agree or disagree with the following statements regarding your staff's involvement in infant physical activity at your center?

16. On average, my staff has limited/no training/education in infant physical activity.  
   - [ ] Strongly Agree  
   - [ ] Agree  
   - [ ] Disagree  
   - [ ] Strongly Disagree

17. Staff members closely monitor infants when they are active.  
   - [ ] Strongly Agree  
   - [ ] Agree  
   - [ ] Disagree  
   - [ ] Strongly Disagree

18. Infant physical activity training is offered to childcare staff.  
   - [ ] Strongly Agree  
   - [ ] Agree  
   - [ ] Disagree  
   - [ ] Strongly Disagree

19. On average, my staff is physically unable to engage in play with the infants.  
   - [ ] Strongly Agree  
   - [ ] Agree  
   - [ ] Disagree  
   - [ ] Strongly Disagree

20. Our center does not have enough staff to engage the infant in physical activity.  
   - [ ] Strongly Agree  
   - [ ] Agree  
   - [ ] Disagree  
   - [ ] Strongly Disagree

21. Staff members gently move the infants by rolling, bouncing, swaying, turning.  
   - [ ] Strongly Agree  
   - [ ] Agree  
   - [ ] Disagree  
   - [ ] Strongly Disagree

22. Staff members often provide toys and activities that encourage infants to do things for themselves (i.e., placing a toy out of reach and encouraging infant to move to get it).  
   - [ ] Strongly Agree  
   - [ ] Agree  
   - [ ] Disagree  
   - [ ] Strongly Disagree

23. Staff members assist in infant head and neck development through activities such as placing infant on lap facing them, holding infant’s hands, encouraging infant to stand, etc.  
   - [ ] Strongly Agree  
   - [ ] Agree  
   - [ ] Disagree  
   - [ ] Strongly Disagree
24. The staff members at my center enjoy interacting with the infants (i.e. talking, playing, singing, or reading).  
   - Strongly Agree  
   - Agree  
   - Disagree  
   - Strongly Disagree

25. Staff members actively monitor infants’ fine and gross motor skill development.  
   - Strongly Agree  
   - Agree  
   - Disagree  
   - Strongly Disagree

26. It would be difficult to make sure the infants are active for at least one hour per day.  
   - Strongly Agree  
   - Agree  
   - Disagree  
   - Strongly Disagree

27. When outdoors, staff allows infants to explore (rolling, scooting, crawling, walking) without being confined to infant seats or strollers.  
   - Strongly Agree  
   - Agree  
   - Disagree  
   - Strongly Disagree

28. Staff members separate infants from older children during outdoor active play.  
   - Strongly Agree  
   - Agree  
   - Disagree  
   - Strongly Disagree

How much do you agree or disagree with the following statements regarding parents’ involvement in infant physical activity at your center?

29. Parents demand that their infants are active.  
   - Strongly Agree  
   - Agree  
   - Disagree  
   - Strongly Disagree

30. Parents participate in play with infants when able.  
   - Strongly Agree  
   - Agree  
   - Disagree  
   - Strongly Disagree

Section VIII: Attitudes Regarding Infant Physical Activity at Your Childcare Center

How much do you agree or disagree with the following statements regarding your attitudes towards infant physical activity at your center?

1. There should be limited use of infant equipment.  
   - Strongly Agree  
   - Agree  
   - Disagree  
   - Strongly Disagree

2. It is important to communicate with parents regarding infant physical activity.  
   - Strongly Agree  
   - Agree  
   - Disagree  
   - Strongly Disagree

3. The outdoor space at my center is adequate to support infant physical activity.  
   - Strongly Agree  
   - Agree  
   - Disagree  
   - Strongly Disagree

4. The indoor space at my center is adequate to support infant physical activity.  
   - Strongly Agree  
   - Agree  
   - Disagree  
   - Strongly Disagree

5. It is important to strictly limit the amount of time infants spend viewing a television.  
   - Strongly Agree  
   - Agree  
   - Disagree  
   - Strongly Disagree

6. Efforts should be made to monitor infants’ fine and gross motor development.  
   - Strongly Agree  
   - Agree  
   - Disagree  
   - Strongly Disagree

Section IX: Physical Activity-Related Policies for Infants at Your Childcare Center

1. Is there a policy to limit the amount of time an infant spends viewing a television?  
   - Yes  
   - No

2. If there is a policy to limit the amount of time an infant can spend watching the television or a movie, how well is it enforced?  
   - Strongly enforced  
   - Weakly enforced  
   - Not enforced at all

3. Is there a policy is there to limit the types of equipment infants can use?  
   - Yes  
   - No

4. If there is a policy to limit the types of equipment infants can use, how well is it enforced?  
   - Strongly enforced  
   - Weakly enforced  
   - Not enforced at all

Are there any other limiting factors/barriers not referred to in this survey that you feel are keeping you from regularly engaging the infants in physical activity on a daily basis?

____________________________________________________________________________________________________________________________________________

____________________________________________________________________________________________________________________________________________

How much do you agree or disagree with the following statements regarding your staff’s involvement in infant physical activity at your center? (Continued)
Section X: Attitudes Regarding Improvements In Nutritional and Physical Activity Standards for Infants in Childcare Centers

How much do you agree or disagree with the following statements regarding possible changes to nutritional and physical activity standards for infants that attend Rhode Island childcare centers?

<table>
<thead>
<tr>
<th>Number</th>
<th>Statement</th>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>There should be efforts made to ensure that there are infant feeding standards at my center.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>2.</td>
<td>There should be efforts made to ensure that there are physical activity standards for infants at my center.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>3.</td>
<td>I would support changes to state regulations that would establish a new standard for infant feeding practices.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>4.</td>
<td>There should be efforts made to ensure that proper resources are available to mothers so that they can breastfeed at the center.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>5.</td>
<td>I would support changes to state regulations that would establish increased infant physical activity standards at my center.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>6.</td>
<td>My center’s staff/teachers would support changes to state regulations that would establish a new standard for improved infant feeding practices.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>7.</td>
<td>My teachers and staff would support changes to state regulations that would establish increased infant physical activity standards at my center.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>8.</td>
<td>Parents would support changes to state regulations that would establish a new standard for improved infant feeding practices.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>9.</td>
<td>Parents would support changes to state regulations that would establish increased infant physical activity standards at my center.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>10.</td>
<td>Staff/teachers at my center will require information and training needed to implement changes to my center’s infant feeding standards.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>11.</td>
<td>Staff/teachers at my center will require information and training needed to implement changes to my center’s infant physical activity standards.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
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</tr>
</tbody>
</table>

12. If state officials make changes to the nutritional guidelines for infant feeding practices, what types of challenges do you think this would pose to you and your staff?

____________________________________________________________________________________________________________________________________________

13. If state officials make changes to the regulations to promote a safe environment conducive to infant physical activity, growth, and development in childcare centers, what types of challenges do you think this would pose to you and your staff?

____________________________________________________________________________________________________________________________________________

14. What would it take to get staff/teachers on board with changing the regulations for infant feeding practices at your center?

____________________________________________________________________________________________________________________________________________

15. What would it take to get staff/teachers on board with changing the regulations that promote a safe environment conducive to infant physical activity, growth, and development at your center?

____________________________________________________________________________________________________________________________________________